



From the Pastor

Our Mission

- To welcome those seeking a diverse and supportive family in Christ
- To reach out as a church and co-operatively serve others
- To grow and share our faith
- To make Christ known through our acts and deeds

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Greetings from Sabbatical!

I do hope this August issue of Reflections finds you well and enjoying the summer. As I check in at home, I am stunned by how hot it has been there. Then I consider how cold it was in February--our God certainly does seem to have a sense of humor!

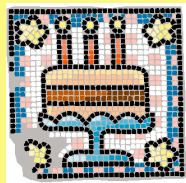
This sabbatical is affording me precious time to visit with family and friends, exercise, catch-up on some reading, and do my sabbatical project. However, I am finding that I am not as relaxed as I had thought I would be. When thinking about the cause for this, I realized it's likely because this sabbatical schedule is just as full as our schedule when we're at home.

This reminds me of how difficult it can be for some of us to slow down. I hear many of you say you are as busy, if not busier, in your retirement as you were when you were working. This is a reflection of the "Go-Go-Go" society in which we live. And yet an important Christian practice is that of Sabbath--of taking one day a week to relax, to not work and be "busy", indeed a day to just be. I have not been taking enough time to just "be" on this sabbatical, indeed I have not been observing Sabbath--taking time to just "be"--and not necessarily a Sunday--but even just 20 minutes a day to sit and contemplate the wonder and beautiful diversity (like 100 degree temperature spreads from one season to the next) of God's creation.

On the seventh day, God rested. And if God rested, well, God knows the rest of us need to as well. May you, in the midst of visitors from out of town, work, play, cleaning, mowing, appointments, etc., etc., etc., may you find time for some holy rest.

I am, hopefully soon to be relaxing, yours in Christ,

Robin



Happy
Birthday!

August 1
Sharon Williams

August 4
Karen Hall
Kody Herman

August 6
Thelma Oltersdorf

August 7
Conway Smith

August 8
Barbara Jameson

August 11
Peter Bahle

August 13
Margaret Bell

August 17
Kegan Malewski

August 23
Ruthanne Wilson

August 30
Paul Hyatt

Men's Breakfast



Tuesday, August 3
7:30 am
Servers:
Robin Long
and Jim Bendig

In Our Thoughts and Prayers

- Bruce Garland and Dick Cypher living with cancer.
- Conway Smith, John Glover, and Mike Anderson at Tendercare, Suttons Bay.
- Bob Chamberlain, Fran Jelinek, and Bob Jackman with ongoing health issues.
- Betty Maynard recuperating from a short stay in the hospital.
- Thom Drake, son-in-law of Bruce and Darlene Garland recently deployed to central Iraq.
- Russell Evans, son of Marty Johnson, who is stationed in Afghanistan
- Those who in our congregation, families, and communities who need to feel God's healing presence in their lives.

Take Me Out to the Ballgame . . .

Oh what a grand time it will be on Friday, August 13 at 7:05 PM when we enjoy a night at the ballpark. What a very fun fundraiser night! For the low, low price of just \$15, participants will enjoy the ballgame, receive a limited edition SBCC tote bag, participate in prize drawings at the end of each inning, and have a great time with your fellow church members and friends. Our goal is to sell 100 tickets—so please, invite your friends and neighbors, bring your out-of-town family members and guests—and together, while having a great time—we'll support important ministries and missions of our church. See you at the game! Come to the church office to select seats and pay for tickets. (Unsold tickets must be returned to the stadium one week before the game so sign up now for the best seats and assurance of sitting with the group.)



Thank You

We would like to thank you for your very kind donation. Your generosity made an immediate difference in our lives. We were able to get back to feeling somewhat normal and able to go on to rebuild our lives. It will be an ongoing process, but we will get there. You truly did a wonderful thing and we appreciate it very much.

Chuck and Shelley Matuzak
(Cedar couple whose house burned.)



Dedicated to the Legacy of Pam Fulton: Special Exhibit Featuring Stories of the Homeless

The exhibit "Your Story and Mine: A Community of Hope" is dedicated to the founder of Advent House Ministries, **Pam Fulton**, and her legacy of hope. The exhibit will open with a program in the **McGuire Room of the Traverse City Library on August 7, from 2:00-4:00.** Advent House Ministries of Lansing has partnered with the Michigan Historical Museum to give voice to the homeless and impoverished by chronicling their life stories through writing, poetry, music, art and photography. Advent House hopes to foster a greater understanding of homelessness, its causes and potential cures through this exhibit which will travel throughout the state of Michigan. It will remain on display there in the Adult Services Area for two to three weeks.

For more information about the exhibit or Advent House Ministries go to: <http://www.adventhouse.com/> This site gives a wonderful written tribute to Pam Fulton and contains a quote from Rev. Dr. Robin Long.

From the Trustees

We have final numbers for the first six months of 2010 and our financial situation remains satisfactory. Our dollar receipts are higher than last year, but our expenses are up even more. The net result is that we have exceeded our income by approximately \$3,000 for the first half of the year, or just under 3%. These extra expenses were largely due to one-time maintenance costs in the church and parsonage. While there is no cause for concern, the Trustees will continue to monitor our fi-

nances and keep everyone updated as we progress through the year.

Our Building & Grounds guys, Carrol Nichols and Myrn Steele, have been extremely busy recently. In the last month, they have put in a total of about 50 hours—which is a lot when you are retired—to better direct the flow of water from the Church roof as well as do other preparations for painting the Church exterior. This exterior painting project is scheduled for August/

September. Our thanks to Carrol and Myrn for their time, dedication, and ingenuity in completing this work that would otherwise be done by the painting contractor at substantial additional costs.

And if you haven't provided your opinions about the first floor bathroom project to your favorite Trustee, please do so. It is our intention to arrive at a go/no-go decision at our next Trustee meeting on August 26.

Roger Ehle, Trustee

Potty Talk:

Construction of a First Floor Bathroom

Our recent Expanded Vision Report contained the suggestion that a first floor restroom be constructed, as it would be a major convenience for many in our congregation. Pastor Robin is aware of perhaps a dozen Church members who have expressed a need, because the stairs are too difficult for them or the elevator is stuck on the wrong floor.

At this point, a small bathroom could be built in what is now the back portion of Robin's office (closest to the Church's front door). Robin's office

would remain the same size, but moved in the direction of the administrative assistant's location (north). The wall would be moved accordingly. The net effect would be to reduce the amount of space by the library and meeting table.

The Trustees have done some preliminary work to determine feasibility and a rough cost "guesstimate" for this project. This plan is feasible from a mechanical standpoint, including plumbing, heating, electrical and building codes. The estimated cost is in a wide range from \$25,000 to \$30,000. It could be totally funded from our existing Building Fund bal-

ance, a separate Capital Campaign, or some combination of the two.

Your Trustees are interested in how you, the congregation, feel about this project. Please give us your comments, concerns and any questions you may have. Should we move forward yes or no--and your reasons why?

Just provide your feedback to any member of the Trustees listed in the Bulletin. We'll discuss all opinions at our next Trustees meeting on August 26, and these will form the basis for arriving at the best decision for our Church.

Pastor's Restaurant Tours Resume in September



September's Pastor's Restaurant Tour will be at Cherry Republic Café in Glen Arbor on Friday, **September 17 @ 5:30 PM**. The menu features sandwiches and soup—plus some tasty desserts.

October 22—Northpeak Brewery, Traverse City, 5:30

November 19—Tour Mawby Vineyards, Suttons Bay, food by Silver Tree Deli, 5:30. Limit— 30 guests

December 17—Catch Island Grill, Traverse City, 5:30

Happy Anniversary!



August 2

**Bill & Barb Klein
Tom & Lois Stretlien**

August 6

Marv & Lu Rorick

August 8

Allen & Janice Wolfe

August 10

Howard & Connie Eisenhart

August 13

Jim & Tisha Kartsimas

August 14

Jerry & Sandy Boone

August 16

Dave & Roberta Williams

August 18

**John & Mary Houk
Jim Bob & Lucy Stephenson**

August 19

Bill & Shar Maul

August 21

Tim & Peggy Rod

August 24

Jim & Danielle Vachow

August 25

Jim & Carol Bendig

August 27

Rick & Chris Halbert

August 30

Chuck & Sue Cady

Congo Women's Next event

Sept. 14 –6PM Potluck at
Val Schuette's

Summer Excursion to South Manitou Island



The group boards the *Mishe-Mokwa* at the dock in Leland.



Jim Vachow, guide for the hike, explains the history and terrain of the island. (Pictured at Florence Lake)



26 hearty souls pause to record this momentous occasion on South Manitou Island. (5 missing from picture including Chuck Cady who took the picture from the lighthouse)



Always a destination point on the island is the view of the sunken ship, *Francisco Morazon*.

South Manitou Trip

The Community Relations Committee this year planned a series of monthly events. In June the event was a journey to South Manitou Island. Participants (SBCC members and some from the community) left from the dock at Leland on the *Misha-Mokwa* for the hour and a half transport across 14 miles on the open waters of Lake Michigan to the dock at S. Manitou Island. A beautiful clear day made for a smooth ride and sunny hike. 26 hikers were led by Jim Vachow, who explained the history and layout of the uninhabited island. (Three rangers do live there in the summer.) Hikers covered almost six miles visiting Florence Lake, a small inland lake named after an original settler Florence Hass; the cliff overlooking the sunken ship, *Francisco Morazon* which ran aground in a November storm in 1960; and areas where farms once stood 150 years ago. (S. Manitou Is. was home to a small community of “wooders” who cut and sold wood for steam ships.) Happy tired hikers met at the dock at 4 pm for the return to Leland. For all but 3 people, this was their first trip to South Manitou Island. Thanks CRC for planning this invigorating, educational opportunity.

CRC August Event: August 25, 2010: Vespers Picnic on Lake Michigan!

Scott Craig and Carol Bawden will have the beach bonfire going on the beach in Leland (public access between Van’s Beach and Christmas Tree corner). Food, fellowship, and fun will complement the “Harvest Moon” rising just as the sun sets. Bring kids, friends, a dish to pass, and a camp song in your heart!



Confronting Death:

A Christian Approach to the End of Life

"You and I sooner or later are going to experience what comes to all people, we are going to experience dying. But there is a difference between us and the world. The world looks away from that fact and tries to hide it as much as possible, but we as faithful people have the power and ability to look death straight in the eye and understand it."

Coming from his own experiences of living with life-threatening cancer for the last two plus years, Walter Wangerin speaks directly from the heart in this poignant and instructional new DVD. He speaks about how cancer has changed his life and how his faith has sustained and prepared him to meet death itself.

But *Confronting Death* is not for the Christian idealist; it is for every Christian, as we learn how to be different from the world: by learning to look forward to the world to come without dismissing our responsibilities here and now.

This compelling teaching explains how Christ is victorious over death. Excellent for Sunday school classes, study groups, equipping caregivers who do visitation ministry, hospice, and working with those who are grieving.

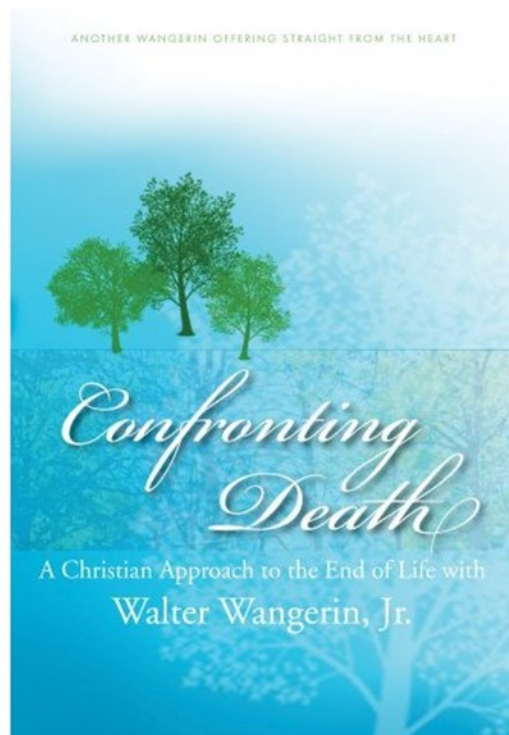
Drawing from his own recent experience with cancer, Wangerin explores:

- Discovering serious illness
- Caring for the one who is not sick
- How do we handle the pain
- Confronting the dying itself

First Hour Adult Education

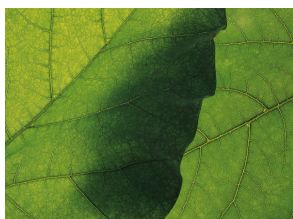
Sundays @ 8:45 AM

August 1, 8, 15, 22, 29



Sunday Volunteers

<p><u>Ushers</u> August 1 Gene & Mary Deci</p> <p>August 8 Roger & Brenda Ehle</p> <p>August 15 Eric & Annette Munson</p> <p>August 22 Jim & Carol Bendig</p> <p>August 29 Volunteer needed</p>	<p><u>Greeters</u> August 1 Howard & Connie Eisenhart</p> <p>August 8 Jack & Leah Dunn</p> <p>August 15 Dick & Marion Grout</p> <p>August 22 Tom & Shirley Wall</p> <p>August 29 Volunteer needed</p>	<p><u>Flowers</u> August 1 Shar / Danielle</p> <p>August 8 Nichols/Maynard</p> <p>August 15 Bob & Caryn DeVries</p> <p>August 22 Jim & Carol Bendig</p> <p>August 29 Chuck & Sue Cady</p>	<p><u>Sound System</u> August 1 Tim Rod</p> <p>August 8 Howard Eisenhart</p> <p>August 15 Rick Halbert</p> <p>August 22 Myrn Steele</p> <p>August 29 Craig Olvey</p>
<p><u>Acolytes</u> August 1 Will Faught</p> <p>August 8 Corrine Vukasovich</p> <p>August 15 Brandon Vang</p> <p>August 22 Jackie Kartsimas</p> <p>August 29 Sophie Vukasovich</p>	<p><u>Liturgists</u> August 1 Scott Craig</p> <p>August 8 Sue Cady</p> <p>August 15 Chuck Cady</p> <p>August 22 Dale Blount</p> <p>August 29 Joan Blount</p>	<p><u>Coffee Hour</u> August 1 Carrol and Jane Nichols and Family</p> <p><i>Volunteers needed for Sept. and following months.</i></p>	<p><u>Nursery Helpers</u> August 1 Maiah KuVang</p> <p>August 8 Carrie Sharp</p> <p>August 15 Cindy Opie</p> <p>August 22 Cathy Smith</p> <p>August 29 Debbie Marsh</p>



THE GREEN CORNER

Bottled Water

Henry David Thoreau said: "Water is the only drink for a wise man." During his time water was considered part of the "commons." Bottled water privat-

izes the most basic resource essential to all. It is 2000 times more expensive than tap water, yet the average US citizen spends over \$400 per year on bottled water. About 40% of bottled water is tap water, including Aquafina and Dasani (Pepsi and Coke brands).

Of 28 billion bottles of water bought per year, 22 billion empty bottles go to a landfill. According to one researcher, making the bottles uses enough oil and energy to fuel a million cars.

Is bottled water safer? Municipal water is not permitted to contain e-coli or fecal coliform bacteria. FDA rules for bottled water have no such prohibitions. If you are concerned about your tap water, have it tested at SOS Analytical on Cedar Run Road. For more information of bottle water visit www.foodandwaterwatch.org

by Shirley Wall

Information for the article was taken from the recent issue of Oryana: "Natural Food News"

Crop Walk

- Sunday, September 26th, 2010
- Meet at 1:30 at the Presbyterian Church in Omena for registration prayer, & singing.
- At 2:00 p.m. walk around Omena Point, 3.8 miles.



Thank you for your interest, dedicated effort, and support.

Blessings from your co-team leaders!

Marty Johnson @271-8778 or ubatuba@charter.net
 Sue Cady @271-3927 or sailhi@charter.net



August 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Robin returns 1st hr Ad Ed Reception of New Members Communion	2	3 Men's Breakfast 7:30 am Articles of Faith 10 am	4	5 Deacons' Mtg 5 pm	6	7
8 1st hr Ad Ed	9 Church Council 7:30 pm	10 Articles of Faith 10 am	11	12 No Contemplative Prayer until Sept.	13  SBCC at Beach Bum's Ball Game 7:05 pm	14
15 1st hr Ad Ed	16	17 Articles of Faith 10 am	18	19	20	21
22 1st hr Ad Ed	23	24 Articles of Faith 10 am	25 Vespers Picnic on the beach 5 pm	26 Trustees' Mtg 7:30 pm	27	28
29 1st hr Ad Ed	30	31 Articles of Faith 10 am				

Suttons Bay Congregational Church

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Who
We
Are

Congregational means governed by the members of the congregation, a practice that goes back to the earliest Christians. Our Church history in America begins with the Pilgrims. They believed each person should be able to read and understand the Bible and that conscience, not coercion, should govern faith.

Suttons Bay Congregational Church was founded in 1896 as the only English speaking church in the community. We remain a church uniquely committed to accepting people from many different experiences and faith backgrounds. We have no creed; we celebrate our diversity. "Everyone welcome" is not just a phrase, it is our approach to worship and life. We invite you to all the services and programs of this church.



The Suttons Bay
Congregational Church is barrier free.

Everyone Welcome!



Sunday Worship & Sunday School at 10:00 am